



**Cheryl Quiacos Upper (RAD RTS, B.A., ARAD) – Director** is proud to have been a part of CDM for 20 years. She has a Bachelor's Degree with a major in Drama and a minor in French from the University of Toronto and is a registered teacher with the Royal Academy of Dance. She holds her Advanced 2 RAD certificate and has performed the Solo Seal Award. Cheryl was a national level gymnast and trained at The Ailey School in NYC for contemporary dance. Her experience as a professional dancer includes touring France, Belgium and Holland.

A well-established career in the film/television industry as an dancer, actor and stunt performer gives Cheryl invaluable insight on our changing industry that she passes on to our students. Cheryl's film credits include working with Tia Carrere, Bruce Willis, Michael Cera, Paris Hilton and Natalie Reznik and Tre Armstrong of So You Think You Can Dance Canada.



**Cynthia Fisher (Dual Examiner of the Royal Academy of Dance, ARAD) – Director of Ballet** has two RAD teaching diplomas and has over 30 years of teaching experience. Her work for the Royal Academy of Dance has involved teaching student classes and teacher's courses across Canada. She has examined all over the world in places such as Jamaica, the Bahamas, St Lucia, Hong Kong, the Philippines and Sri Lanka. We are proud to offer Cynthia's expertise as a dual examiner right here at CDM.

**When preparing for RAD exams, this is your place!**

Whether your aspirations are professional or recreational we will inspire you with a wide variety of dance styles and progressive choreography. CDM-trained dancers are well-known for their strong technique combined with artistic expression and musicality. While the school was built on a strong foundation of classical ballet, it has evolved to offer an encouraging atmosphere that also cultivates the very best instruction for ballet, jazz, lyrical, contemporary, hip-hop, musical theater, and tap.

"Give something back to the audience and yourself. Dance from your soul and let them see you. Dance is a true gift."

*Cheryl Quiacos Upper, 2010*

#### ASK ABOUT OUR ANNUAL SPECIAL PROGRAMS:

- July Vocational RAD Exam Intensive  
Intermediate Foundation to Advanced 2
- Classical and Contemporary Summer Program
- Kid's Summer Creative Dance and Art Camp  
Ages 4 and up
- August Competitive Workshops and Open Classes
- NEW this Season: March Break Camp and Summer  
Dance Camps  
Ages 4 and up



5915 Leslie St., Toronto • 416.497.1793



CDM Dance - Create. Dance. Move.



## WHY CHOOSE CDM?

### AT CDM WE WANT TO SHARE OUR PASSION FOR DANCE.

That's why we have a full team of highly qualified and accredited instructors for all ages and skill levels (3 & up). Our staff recognizes that you're here to enrich your life through the experience of dance and all that it offers.

## BENEFITS OF DANCING AT CDM

- Physical Fitness
- Positive Self Image
- Build Self Confidence
- Artistic and Creative
- Qualities for the Child Fitness Tax Credit (up to \$500)
- Encourage Healthy Living
- Increase Flexibility
- Build Lasting Friendships
- Gain Self Discipline

## CDM PROGRAMS

### CDM Recreational Program:

#### Royal Academy of Dance Ballet Exams

We are proud to offer a comprehensive ballet program implementing The Royal Academy of Dance exams/presentations (Pre-Primary - Solo Seal). The RAD is one of the world's largest ballet examination boards. Exams and presentations are designed to motivate and encourage students of all ages and levels of ability through a systematic measurement of progress and attainment. Last year, over 230,000 young people entered RAD examinations worldwide. Our ballet program is directed by Dual Examiner of the RAD, Cynthia Fisher. Students are required to take a minimum number of classes in order to qualify for an exam or presentation (varies from level to level).

**Jazz, Tap, Lyrical, Hip Hop and Acrobatics** classes are offered at a recreational level. Students will be inspired in a fun yet challenging atmosphere, while learning a new dance style they have always wanted to try. These classes will cover fundamentals suitable to each age and level. **These programs will also include performing a piece of choreography at the year end recital!**

### CDM Competitive Dance Program:

For those who demand a more challenging experience, our award-winning competitive programs are built on a strong foundation of over 20 years of knowledgeable teaching. The CDM Competitive Program offers a chance to test your commitment to the discipline of dance. We offer quality instruction from accomplished dance professionals in a forum where the fundamentals are perfected and progressive choreography is implemented. Most of all, our competitive program is FUN!

For more information and class schedules visit [www.cdmdance.com](http://www.cdmdance.com) and CDM Dance on facebook.

## FACULTY



**Back row standing (L-R):** Erin Brown - Ballet (RAD RTS, TTP, BATD, ISTD), Stephanie Pappioianou - Ballet, Lyrical, Jazz, Competitive (RAD RTS TTP Dip-NBS), Cheryl Quiacos Upper - Director (RAD RTS, B.A., ARAD), Cynthia Fisher - Director of Ballet (Dual Examiner of the Royal Academy of Dance, ARAD), Bartira Bareto - Ballet (ARAD) **Kneeling (L-R):** Caroline Pfaff - Ballet (ARAD, RAD RTS, Adv. ISTD Certified), Michelle Bastone - Ballet, Jazz (ARAD, RAD RTS, RMT), **Sitting (L-R):** Roxanne Sorias - Studio Manager, Competitive(BA), Tamara Morrison - Musical Theatre, Competitive (CPT, BATD, OAS), Tracy Chamberlain - Administrator, Competitive Tap (AISTD), Daphné Paquette - Contemporary, Acro (credentials?) **Not in photo:** Johanne Hilchie - Ballet (ARAD RTS - NBS Dip), Chantelle Lemay - Acro, Jazz (ADAPT Jr. levels certified), Angela Mahoney - Hip Hop (BA Eng., Cert. Journalism), Lisa Frias - Acro, Jazz, Ballet, Competitive (BFA Hons. Dance, TTP Dip-NBS, ARAD, RTS, AISTD-National Branch). **For full bios and pictures visit [www.cdmdance.com](http://www.cdmdance.com)**

## FEE SCHEDULE 2011/12 SEASON

PACKAGES	NUMBER OF CLASSES PER WEEK	DURATION	MONTHLY CALCULATOR (by term/full year)	PER TERM 3 TERMS/YEAR	ANNUAL PLAN FULL YEAR TUITION (Save 5%)	PRORATE AMOUNT (36 weeks)
	1	45-60 mins.	\$60/57 per month	\$180/term	\$513/year	\$10/week
	1	75-90 mins.	\$73/70 per month	\$220/term	\$627/year	\$15/week
	2	2 x 60 min. classes/week	\$120/114 per month	\$360/term	\$1026/year	\$20/week
Vocational Exam Basic	3	3 x 90 min classes/week	\$220/209 per month	\$660/term	\$1881/year	\$52/week
Competitive Basic 1 Mini-Junior	min 4/max 8	Unlimited Classes	\$240/228 per month	\$720/term	\$2052/year	\$40/week
Jr. Inter-Senior Carte Blanche	min 6/max 12	Unlimited Classes	\$366/\$348 per month	\$1100/term	\$3135/year	\$75/week
Single Drop-in Class		\$20/class	We accept cash, cheque, debit, and major credit cards (2% fee applies). Registration is for a three term commitment. Students 3 - 5 may enroll in one term minimum. All prices include HST.			
Trial Class	limit one per dance form	Free				
Class Card of 10		\$150				
Private Lessons Junior-Master		\$40 - \$60 /hour				

Extra Fees that may be incurred: Registration fees, Recital Costume fees, photography, recital dvds, RAD exam fees, and dancewear. Competitive program fees: Comp. membership fee, choreography, entry, costume deposit & balance, props travel, and accessories.